



**National Registry of Emergency Medical Technicians®  
Paramedic Psychomotor Competency Portfolio Manual**

**SPINAL IMMOBILIZATION ADULT (SUPINE PATIENT) SKILLS LAB**

Student Name: \_\_\_\_\_ Date: \_\_\_\_\_

Instructor Evaluator: \_\_\_\_\_ Student Evaluator: \_\_\_\_\_

Signature

Signature

SCORING	
N/A	Not applicable for this patient
0	Unsuccessful; required critical or excessive prompting; inconsistent; not yet competent
1	Not yet competent, marginal or inconsistent, this includes partial attempts
2	Successful; competent; no prompting necessary

**Actual Time Started:** \_\_\_\_\_ **SCORE**

<b>Selects, checks, assembles equipment</b>	
Long spine immobilization device with straps	
Cervical collar	
Head immobilizer (commercial or improvised)	
Padding material	
<b>Immobilizes patient</b>	
Takes or verbalizes appropriate PPE precautions	
Directs assistant to place/maintain head in the neutral, in-line position	
Directs assistant to maintain manual stabilization of the head	
Assures that patient is a reliable historian (sensorium not currently altered by drugs or alcohol; no recent loss of consciousness)	
Assesses motor, sensory and circulatory functions in each extremity	
Applies appropriately sized extrication collar	
Positions the immobilization device appropriately	
Directs movement of the patient onto the device without compromising the integrity of the spine	
Applies padding to voids between the torso and the device as necessary	
Secures the patient's torso to the device	
Evaluates and pads behind the patient's head as necessary	
Immobilizes the patient's head to the device	
Secures the patient's legs to the device	
Secures the patient's arms	
Reassesses motor, sensory and circulatory function in each extremity	
<b>Affective</b>	
Accepts evaluation and criticism professionally	
Shows willingness to learn	
Interacts with simulated patient and other personnel in professional manner	

**Actual Time Ended:** \_\_\_\_\_

**TOTAL** /44

