



**National Registry of Emergency Medical Technicians®  
Paramedic Psychomotor Competency Portfolio Manual**

**SPINAL IMMOBILIZATION ADULT (SEATED PATIENT) SKILLS LAB**

Student Name: \_\_\_\_\_ Date: \_\_\_\_\_

Instructor Evaluator: \_\_\_\_\_ Student Evaluator: \_\_\_\_\_  
Signature Signature

SCORING	
N/A	Not applicable for this patient
0	Unsuccessful; required critical or excessive prompting; inconsistent; not yet competent
1	Not yet competent, marginal or inconsistent, this includes partial attempts
2	Successful; competent; no prompting necessary

Actual Time Started: _____	SCORE
<b>Selects, checks, assembles equipment</b>	
Short spine immobilization device with straps	
Cervical collar	
Padding material	
<b>Immobilizes patient</b>	
Takes or verbalizes appropriate PPE precautions	
Directs assistant to place/maintain head in the neutral, in-line position	
Directs assistant to maintain manual stabilization of the head	
Assures that patient is a reliable historian (sensorium not currently altered by drugs or alcohol; no recent loss of consciousness)	
Assesses motor, sensory and circulatory functions in each extremity	
Applies appropriately sized extrication collar	
Positions the immobilization device appropriately	
Secures the device to the patient's torso	
Evaluates torso fixation and adjusts as necessary	
Evaluates and pads behind the patient's head as necessary	
Secures the patient's head to the device	
Reevaluates and assures adequate immobilization	
Reassesses motor, sensory and circulatory functions in each extremity	
Properly moves patient onto a long backboard	
Releases/loosens leg straps	
Secures patient to the long backboard	
Reassesses motor, sensory and circulatory function in each extremity	
<b>Affective</b>	
Accepts evaluation and criticism professionally	
Shows willingness to learn	
Interacts with simulated patient and other personnel in professional manner	

Actual Time Ended: \_\_\_\_\_

**TOTAL** /46

**Critical Criteria**

- \_\_\_ Did not immediately direct or take manual stabilization of the head
- \_\_\_ Did not properly apply appropriately sized cervical collar before ordering release of manual stabilization
- \_\_\_ Released or ordered release of manual stabilization before it was maintained mechanically
- \_\_\_ Manipulated or moved the patient excessively causing potential for spinal compromise
- \_\_\_ Head immobilized to the device **before** device sufficiently secured to torso
- \_\_\_ Device moves excessively up, down, left or right on the patient’s torso
- \_\_\_ Head immobilization allows for excessive movement
- \_\_\_ Torso fixation inhibits chest rise, resulting in respiratory compromise
- \_\_\_ Upon completion of immobilization, head is not in a neutral, in-line position
- \_\_\_ Did not reassess motor, sensory and circulatory functions in each extremity after securing the patient to the device and to the long backboard
- \_\_\_ Failure to receive a total score of 36 or greater

**Comments:**

**STUDENT SELF-EVALUATION** (The examiner is to ask the student to reflect on his/her performance and document his/her response to the following question:)

Were you successful or unsuccessful in this skill?  Successful  
 Unsuccessful